

# Minutes

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## ROYTON, SHAW & CROMPTON HEALTH & WELLBEING MEETING

Thursday 08 October 2015  
Shaw Children's Centre – 5.30pm

ATTENDEES	
Liz Fryman	R,S & C District Team
Cllr M Bashforth	Royton South Councillor
Cllr C Gloster	Shaw Councillor
Cllr H Roberts	Councillor
Rachel Reid	Public Health
Lynda Winrow	Youth development
Andrea Tait	Oldham Council
Janet Campbell	H21
Jane Pine	H21
Linda Cain	Business Support, District Team.
APOLOGIES	
Cllr J Turner	Crompton Councillor
Nicola Shore	AGE UK
Anne Fleming	Community Development Worker
Sharon Smith	R,S & C Cluster Chair
Simon Bennett	Lifelong Learning Centre
Maggie Kufeldt	Joint Commissioning for people (Health & Wellbeing)
Angela Broadhurst	OMBC - Housing
Jackie Hanley	OCL
Helen Ramsden	Head of Integrated Commissioning
Chris Bentley	Shaw Children's Centre

### 1. Welcome, introductions and apologies

Liz chaired and opened the meeting, thanked those in attendance and gave apologies.

### 2. Minutes of the last meeting

Noted

### 3. Updates and matters arising from minutes

Nothing noted

### 4. Public Health Projects

*Slimmin without Women – Lynda Winrow*

- Course at Heyside pavilion has run for 15 weeks.
- Take up was very low (4 people). Those that attended did lose weight.
- Next week is presentation with certificates.
- Sign posted to Leisure Centre after the course
- Looking for venue in Shaw and Crompton – Chris suggested St Saviours (£15 pr hr) as there is parking available.
- Shaw course suggested starting in the New Year, possibly in the evenings. Chris will front.
- Allow Heyside attendees to be ambassadors for the course and promote. LW will speak with Dale who runs the course.

#### *Power to Resist – Liz Fryman*

- Primary School clusters done
- Working with Royton & Crompton School – School is nervous about how we get this across to parents, so we are working with the school.
- Look at using friendship groups, offer to year 7's in September
- Hope to deliver by Christmas

#### *Reducing Social Isolation – Anne Fleming*

- Target the most isolated – housebound, very low mobility, those living with long term mental ill-health & long term physical illness, newly bereaved.
- Age UK's Promoting Independence Service could help with navigating the activities and services already out there
- Not much moving with this project to date.
- Interaction with GP's – Focus Care
- PSO possible link to self help
- Befriending scheme – Structured training for champions

**Action: LF to meet with Age UK to see what would make a difference; possibly invite Maggie and Nicola and anyone else who would like to attend from the group.**

#### *Singing for the Brain – Anne Fleming*

- Tandle View Court has funds
- Group called 'Jolly Wheezers', meets every other Thursday at 12.45 at Tandle View Court
- Hopwood Court to be re-addressed when the new residents come to H21 with Anne. No take up as yet

#### *Defibrillator – Liz Fryman*

- Royton is up and running, all ok. Recently used by local gp
- Shaw and Crompton – Very soon to be sited at Shaw Lifelong Learning Centre
- CPR Training – Royton in August – Very well received
- Shaw CPR training to be arranged when defibrillator installed.
- H21 has funding for a defibrillators at Hopwood Court and Tandle View Court

#### *Walking Routes – Anne Fleming*

- Talking to parks about re-doing the leaflets
- Sarah Whittle will help with this project as Anne is off with a badly broken leg
- Looking at District Centre walks/maps for working people in their lunch time.

### **5. Any Other Business**

- Tandle View Court shop is a great success. Being run by residents, for residents
- Ambition for Ageing – Jonathan Sutton will update at December meeting

**Action: LC to send out wording for Hopwood Court open day event to the group**

**Action: LC: Warm Homes Oldham poster to be sent to the group**

### **6. Date of Next Meeting**

03 December 2015, MR2 Royton Town Hall, 5.30pm